

The Power of Observation Framework™

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Scanning

Taking a first look

- Looking at the whole
- Looking quickly not thoroughly
- Noticing place, object, or experience
- Making no judgements

Attending

Focusing intentionally over time

- Looking closely and thoroughly
- Staying in the moment and reflecting
- Discovering, selecting, and concentrating on key elements
- Continuing to look without judgement

Connecting

Seeking and processing information to make new connections

- Collecting knowledge and connecting to new ideas using multiple senses
- Comparing/contrasting images, ideas & meanings, new & old; self & world
- Identifying and understanding points of views, personal biases, & diverse perspectives
- Interpreting the narrative and emotional content to build new meaning

Transforming

Engaging deeply and creating a personal response

- Imagining and innovating ideas and experiences in new ways
- Creating a personal response to objects or experiences through photography, music, poetry, drawing, conversations, etc.
- Sharing new meanings and understandings
- Encoding these experiences to create memories